



PE Policy



INTENT statement

At St Stephen's Tockholes Primary School, we recognise the importance of PE and Physical activity. We aim to provide pupils with the best sports provision possible. We intend to offer a curriculum that allows all children to be inspired to lead healthy, physically active lives and aim to promote and foster a keen interest in sports that will lead to life-long sporting participation. We want them to succeed and excel in competitive sport and physical activities. We offer all children chances to compete in sport and other activities. This helps them build character and learn values such as fairness and respect. Through PE, we develop the children's knowledge, skills and understanding. They build confidence and competence in a range of activities.

The school delivers high quality P.E. lessons as well as providing quality opportunities outside of the school day with a pathway to participation for all. We recognise the value of Physical Education (P.E). We follow fully the aims of the national curriculum for physical education to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

In KS1 we provide high quality PE lessons twice a week covering; gymnastics, dance, fundamental skills, athletics and outdoor adventurous activities. In KS2 the children attend weekly swimming sessions; learning a range of strokes, self-rescue and work towards confidently being able to swim a minimum of 25m. Alongside this they receive a weekly high quality PE lesson delivered by BRFC covering; gymnastics, dance, fundamental skills, athletics and outdoor adventurous activities. We also aim to integrate active learning across other curriculum areas where appropriate. The key knowledge and skills have been mapped across the year to support the needs of the children at St Stephen's Tockholes. This ensures a progression of skills and understanding in games, dance and gymnastics. We also place high importance on fundamental movement skill in Early Years and KS1. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills. EYFS and KS1 undertake an annual visit to Water Park where they participate in a variety of outdoor adventurous activities. Our Year 3 – 6 children (every four years) are offered the opportunity to attend a residential visit which allows children to take part in additional outdoor adventurous activities. These range from canoeing, ghyll scrambling, caving, rock climbing and orienteering.

We aim for children to leave each key stage with a proficiency in various sports and aspects of P.E. We also aim to expose children to a wider range of sports to encourage participation both in and out of school.

Alongside our curriculum lessons, physical activity is encouraged on a daily basis in a number of different ways:

- In Breakfast club children throughout the week will have opportunity to use the climbing frame, join in with Just Dance activities or use the PE mats
- During lunchtimes and playtimes, physical and adventurous activities are encouraged.

The playground is zoned for children to participate in a range of sporting activities and the field and trim trail are available for children to enjoy being physical.

- We offer a weekly KS1 and a KS2 after school sports club.
- Children have the opportunity to participate in charity sports activities, outdoor learning sessions and an annual sports day.

Impact

Throughout their time at St Stephen's Tockholes, children participate in a wide range of physical activities. They leave Tockholes having participated in physical education activities that have been enjoyable, vigorous, purposeful and regular. Our range of positive experiences enable children to experience success which will then create children who will continue to have a physically active life. They will also have a good understanding of what a healthy, active life is like and the importance of leading one.

